



JANUARY | 2021

East Knox Elementary





MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

28	29	30	31	1 
4 Chicken nuggets Ranch potatoes Pears Milk	5 Chili cheese nachos Broccoli Applesauce Milk	6 Hot dogs/bun French fries Fruit cocktail Milk	7 Meatball sub Green beans Pineapple Milk	8 Mozzarella cheese sticks/marinara sauce Fresh fruit Fresh veggies Milk
11 Chicken patty/bun AuGratin potatoes Peaches Milk	12 Soft taco Refried beans Fruit cup Milk	13 Salisbury steak/roll Mashed potatoes/gravy Tropical fruit Milk	14 Pancakes Hash browns Sausage patty Mandarin oranges Milk	15 
18 NO SCHOOL 	19 Frito pie Corn Applesauce Milk	20 Macaroni & cheese Broccoli Fruit cocktail Milk	21 Ravioli Breadstick Green beans Pineapple Milk	22 Cheese pizza Fresh fruit Fresh veggies Milk
25 Chicken sticks Potato smiles Pears Milk	26 Orange chicken Fried rice and egg roll California blend Fruit cup Milk	27 Mini corn dogs Baked beans Tropical fruit Milk	28 Chicken drumstick Mashed potatoes/gravy Mandarin oranges Milk	29 

News

Breakfast is free for all students

Offered daily:

Peanut butter and jelly with a cheesestick

Chef salad with croutons

Bulldog lunchable

Fresh fruit & veggies

Menu is subject to change!!

Lunch is free for all students for the remainder of the school year!!